姓名:	7上期基础知识周末检测单	(第7周)
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重点词汇

lose	encourage	match
seldom	energy	few
success	sometime	perfect
sometimes	badminton	doubles
progress	goal	theirs
fit	team	just
once	volleyball	teenager

重点短语

1. work out	2. use an exercise app
3. tennis racket	4. encourage one another
5. belong to	6. build team spirit
7. hardly ever	_8. show my progress
9. working day	_10. look like mine
11. hear birds singing	12.work as a team
13. keep fit	14. at the start

重点句子

里从可丁
1. My friends and I practice at a special park twice a week.
2.I like swimming because the cool water feels great when it's hot.
3. Anne never plays basketball because it's difficult for her.